



# List of Feelings



## Happy

## Sad

## Angry

## Other feelings



Calm

Ashamed

Annoyed

Afraid

Cheerful

Awful

Bugged

Anxious

Confident

Disappointed

Destructive

Ashamed



Content

Discouraged

Disgusted

Bored

Delighted

Gloomy

Frustrated

Confused

Excited

Hurt

Fuming

Curious



Glad

Lonely

Furious

Embarrassed

Loved

Miserable

Grumpy

Jealous

Proud

Sorry

Irritated

Moody



Relaxed

Unhappy

Mad

Responsible

Satisfied

Unloved

Mean

Scared

Silly

Withdrawn

Violent

Shy



Terrific

Uncomfortable



Thankful

Worried

